From the top of Mount Tabor in Israel, the supposed site of Jesus’ transfiguration, visitors can see clearly across the valley to the distant Golan Heights some forty-five miles away. The view takes your breath away. When I was in the valley, I could only see the immediate area, but at the top I was mesmerized by both the distance and the beauty of the land.

Maybe that’s why mountains have always been places of prayer, of divine unveiling, and why Jesus took Peter, James, and John up to the top of a mountain to experience this vision of his glory. He wanted them to see more than their daily life and work. He wanted them to see further than they ever thought they could. He wanted them to see the depths of who he was in a new and profound way. It was important that they do this. The transfiguration happens in the midst of Jesus’ predictions of his passion and death, before he begins his deliberate journey to Jerusalem. Without an image of the glorified Christ, the apostles might not have had the courage to continue following him.

Like the story of Jesus’ temptation in the desert, we hear this transfiguration account every Lent. Jesus takes the Church, and each one of us, up the mountain and dares us to see further, better, more deeply than ever before. Through prayer, fasting, and almsgiving, he dares us to leave what we know, listen to him, and follow in his footsteps. May we have the courage to accept the challenge.

MARY KATHARINE DEELEY
sundaybulletin@liguori.org

A Word From Pope Francis

“We all need to go apart, to ascend the mountain in a space of silence, to find ourselves and better perceive the voice of the Lord. This we do in prayer.”

— Angelus, March 16, 2014