

Busy Student Retreat

was developed to allow a retreat experience without ever leaving campus. The schedule is flexible and it requires only 1 hour per day (half hour meeting with spiritual companion and half hour personal prayer). This retreat allows you to spend a portion of each day to “come away for a while to an out of the way place” to retreat—to pray and reflect, to talk and share, and grow in God’s love for you.

Everything about this retreat is intended to help deepen your awareness of your faith relationship with God. The two most important elements of this retreat are the commitments you make to spend time in personal prayer and reflection each day and meet with a spiritual companion to discuss your journey, as well as, the fruits of your prayer and reflection.

Retreat Schedule Prayer Opportunities

Sunday, April 2

4:15 p.m. Students meet their spiritual companion to set their daily meeting schedule.

Monday, April 3

5:00 p.m. Mass
5:30 p.m. Rosary

Tuesday, April 4

5:00 p.m. Mass
5:30 p.m. Rosary

Wednesday, April 5

12:00 p.m. Cheap Lunch
5:00 p.m. Mass
5:30 p.m. Rosary
8:00 p.m. Adoration

Thursday, April 6

5:00 p.m. Mass
5:30 p.m. Closing dinner
retreatants & companions

Contact

Tim Higgins at

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Spiritual Companions

for the Busy Student Retreat are:
Sisters & priests from the
Archdiocese of Chicago

Rev. Kevin Feeney
Director & Chaplain
Sheil Catholic Center

Mary Deeley
Pastoral Associate

Timothy Higgins
Campus Minister

Your Spiritual Companion for the week will accompany you on your retreat journey not to tell you what to do, or how to pray, or what your experiences mean. He or she is there to listen attentively and to help you discover the movements of God in your life.