THANK YOU for your interest in the Sheil Catholic Center International Service-Immersion Trips! These trips are a great opportunity to put your faith into action by serving underprivileged people around the world. It is also a chance to learn about another culture, to grow in your personal faith journey, to understand and integrate the principles of Catholic Social Teaching, and to share what you have learned with the Sheil and Northwestern communities.

We invite you to prayerfully consider giving part of your Winter Break to helping and learning about the people of Nicaragua. The International Service-Immersion Trips are open to all Northwestern students.

The enclosed information packet includes important information about travel dates, application process, costs, and health risks. Please read this entire packet carefully. Undergraduate students are also encouraged to share this information with their family.

<table>
<thead>
<tr>
<th>NICARAGUA TRIP DESCRIPTION</th>
<th>NICARAGUA INFORMATION SESSION</th>
</tr>
</thead>
<tbody>
<tr>
<td>For eleven consecutive years, the Sheil Catholic Center has sponsored a trip to Cusmapa, Nicaragua in collaboration with the Fabretto Children’s Foundation. Experienced student leaders and staff guide their peers in a week-long mission of service and learning. Our primary work includes ongoing construction projects at the Fabretto Center in Cusmapa and participation in the various music and sports programs. Students will also have a chance to visit and learn about local fair trade cooperatives where residents grow coffee, make baskets, and sell jewelry. Evenings are reserved for prayer and reflection, and there is typically a day of sight-seeing at the end of the trip.</td>
<td></td>
</tr>
<tr>
<td>For more details, join us for a short information session. Former trip participants will also be available to share their experience and answer your questions!</td>
<td></td>
</tr>
<tr>
<td><strong>SUNDAY, May 15th</strong></td>
<td></td>
</tr>
<tr>
<td>10:00 p.m. @ Sheil</td>
<td></td>
</tr>
</tbody>
</table>

For more information, contact our

**Student Team Leaders:**
Marina Porter
Marinaporter2017@u.northwestern.edu
Abigail Boyd
abigailboyd2018@u.northwestern.edu

**Staff Leader:** Tim Higgins
t-higgins@u.northwestern.edu

A $300 deposit is required with the application (make checks payable to “Sheil Catholic Center”). If you are not selected for the trip, this deposit will be returned to you.

**APPLICATIONS WILL BE ACCEPTED BEGINNING:** Monday April 18th through the FINAL DEADLINE: Thursday May 19th at 5:00 pm

Space is limited. Applications will be processed in the order in which they are received. We encourage all interested Northwestern students to apply. However, first consideration will be given to those who have not been on a previous Sheil service trip.

“Our first task in approaching another people, another culture, another religion, is to take off our shoes, for the place we are approaching is holy. Else we may find ourselves treading on people’s dreams. More serious still, we may forget that God was here before our arrival.”  - - Max Warren
WHERE ARE WE GOING?
For eleven consecutive years, the Sheil Catholic Center has sponsored an international service trip to San Jose de Cusmapa, Nicaragua where we work in collaboration with La Familia de Padre Fabretto. Cusmapa is a tiny mountain village near the border of Nicaragua and Honduras. It is located in one of the poorest provinces in the second poorest country in the Western Hemisphere.

Fabretto currently serves over 10,000 children between the ages of 5 and 22. They offer hope and opportunity by providing children with the resources they need to become responsible, productive adults. Fabretto supplements the basic school curriculum by offering assistance in the areas of health, nutrition, character formation, scholarships, and specialized job training. Fabretto also offers additional programs for tutoring, computer training, sports, music, and cultural heritage.

You are encouraged to check out the Fabretto website at www.fabretto.org for more information about La Familia Padre Fabretto, its history, and their work with children in Nicaragua.

WHAT WILL WE DO THERE?
Our primary work will include helping with ongoing construction projects at the Fabretto center in Cusmapa. There will be time to play games with the children, assist with holiday festivities, and participate in the various music and sports programs. We also take some time each day to learn about the local culture and economy. We attend Mass, visit the basket and jewelry cooperatives, and learn about coffee production. Evenings are reserved for prayer and reflection, group social time, and rest.

At the beginning or end of the trip, the group participates in a day of sight-seeing to appreciate the great history and natural beauty of Nicaragua. Options may include a volcano tour, shopping in the historic Masaya market, and a boat ride on Lake Nicaragua.

WHEN ARE WE GOING?
The trip is scheduled for Saturday, December 10 through Sunday, December 18. Students must be willing to commit to the entire length of the trip.

Below is a tentative schedule. Participants will receive a finalized itinerary before the actual trip.

December 10: Travel from Chicago to Managua (leaving Sheil TBA)
            Travel to San Jose de Cusmapa
December 11  Mass in Cusmapa; Tour of Cusmapa and surrounding country-side
December 12-15: Work days in Cusmapa

December 16-17: Travel to Granada; Shopping at Masaya market; Sight seeing.
December 18: Travel from Managua to Chicago (returning to Sheil around 7:00 PM)
HOW MUCH WILL IT COST?

Students are responsible to pay all fees incurred by their trip. Scholarships and fundraising options are available to help lower the cost of the trip.

The cost of the trip is $1,900 which includes airfare, transportation, food, and lodging. All students are automatically awarded an “educational grant” of $300 in exchange for your participation in the required trip preparation meetings. This reduces the cost per student to $1600. If you miss more than one required meeting, you lose the educational grant, and must pay the entire $1,900.

Students are responsible for any additional costs including passports, immunizations, food/drink in the airport, and spending money.

Payment in full is required before you leave. A $300.00 deposit is due with your application. If you are not selected for the trip, this deposit will be returned to you. All fundraising money and final payments are due on Thursday, December 1.

FUNDRAISING

Fundraising is easier than you think, and it is actually a lot of FUN. Fundraising is a required component of the Nicaragua Service Trip. Each member of the team is expected to participate in the individual fundraising efforts through our on-line donation system and letter writing. The money you raise will first contribute to your individual trip expenses, and any additional funds will go toward our group fundraising goal. The team has established a group fundraising goal, which pays for construction materials and local labor costs on our worksite. Our group fundraising goal amounts to about $350 per person. All team members are expected to contribute to our group fundraising efforts – whether that is by soliciting additional donations from your individual donors, helping with setup/cleanup at our benefit dinners, flyering on campus, etc.

SCHOLARSHIP ASSISTANCE

Scholarship assistance is available (in addition to the “educational grant” that everyone receives). Please contact Tim Higgins for additional information about scholarships.

REQUIRED MEETINGS (First meeting is Thursday May 26th at 10 p.m.)

Our formation meetings are an essential component of the Service-Immersion experience. This requires a significant investment of time and is crucial to the overall experience. Participants are expected to attend approximately 4 meetings prior to the trip. During this time, students get to know their fellow travelers and cover important logistical details. We also use this time to discuss issues of cultural sensitivity, learn about local history and politics, reflect on the principles of Catholic Social Teaching, and discuss various aspects of poverty and mission. All meetings are held at the Sheil Catholic Center.

All students are automatically awarded an “educational grant” in exchange for your participation in the required trip preparation meetings. If you miss more than one meeting, you lose the educational grant, and must pay the entire trip cost of $1,900.

PASSPORTS

Everyone needs to have a valid passport in order to travel to Nicaragua. We recommend that your passport be valid through July 2017 (six months past our return date). If your passport was issued from a country other than the United States, please indicate this on your application form, so we can ensure that you have the proper travel documentation. Instructions on how to obtain a passport are available from the US State Department – http://travel.state.gov/
IMMUNIZATIONS – DO I NEED SHOTS?
The Center for Disease Control is an excellent source of information for immunizations. Check out the “Traveler’s Health” section on the CDC website at www.cdc.gov. We strongly suggest that you consult with your physician before making a decision about immunizations. The following immunizations are recommended by the CDC: Hepatitis A, Hepatitis B, Typhoid, Tetanus, and Malaria.

Immunizations are generally NOT available through the Northwestern University Health Services because service trips are not considered an “academic” requirement. If you are covered under your parent’s health insurance, you will want to find out if travel immunizations are covered by their health plan. There are also a number of local travel clinics listed on the university website that are within a reasonable distance: http://www.nuhs.northwestern.edu/evanston/travel.aspx

DO I NEED TO KNOW SPANISH?
Some basic knowledge of Spanish language is helpful, but not required. Those with more proficiency may find that their experience is enhanced, yet those with less proficiency will still have a rewarding experience. We encourage you to learn and speak as much Spanish as possible. The people of Nicaragua (especially the kids in Cusmapa) are very patient and supportive of beginners. Fabretto’s volunteer coordinator speaks both Spanish and English and will serve as an interpreter as needed.

LIVING IN SOLIDARITY WITH THE POOR
Everywhere we travel, we ask that you be very conscious of resources and conserve as much water and electricity as possible. We have access to clean drinking water at all times, and encourage you to stay hydrated for your own health and safety! Fabretto has a very comfortable volunteer house in Cusmapa with several large bedrooms and a common living room/kitchen. There are bunk beds with separate rooms for guys/girls, flush toilets and showers. However, the water supply in Cusmapa is limited (be prepared to take short, cold showers!) and electricity can be sporadic at times. While modern amenities (like access to phone, television, and internet) are available in some locations, we challenge you to live in solidarity with those around us, especially in Cusmapa.

We recognize that everyone will respond differently to witnessing and living among the poor of Nicaragua. You will sometimes be exhausted and feel overwhelmed by the poverty. You may feel helpless or guilty about your American lifestyle. Other times you will feel terrific as you connect and build friendships with the people. Also, plans may quickly change, so you need to be flexible. You may want to keep a journal, and we encourage your full participation in the evening reflection sessions. Students who spend some time in reflection each day find that it takes their experience to a whole different level. Plus it gives you something to return to when you get back to the States.

WHAT ELSE CAN I EXPECT?
Here are some general expectations and guidelines for our time together:

- Be prepared to work hard, share in cooking and cleaning, be a contributing member of the team, seek the best for all team members, and take responsibility for the success of the experience.

- Respect the customs and culture of Nicaragua, learning from the differences and the similarities. Be open to learning about yourself and others, and willingly share yourself with the group through daily prayer and reflection.

- Act responsibly at all times knowing that you are an ambassador of the Sheil Catholic Center and Northwestern University.

- Finally – be willing to laugh, love others and have FUN! And be prepared to be surprised.
IN CASE OF AN EMERGENCY

There are no guarantees in international travel, but as you know, there are no guarantees in travel anywhere. Please know that safety is our top priority, and there are a number of security measures that we take each year in anticipation of our trip. In all of our trips to Nicaragua, we have never had any issues with security, and we’ve never had any reason to feel unsafe. However, to ensure a safe and successful trip for everyone involved, there are a number of precautions that we take in advance.

We are careful about what we eat and how it is prepared, we have access to clean drinking water at all times, and we encourage students to use anti-bacterial hand gel. This being said, we’ve had at least one or two instances of traveler’s diarrhea each year. Other than the occasional blister, bug bites, and a sprained ankle, no one has ever incurred a serious injury.

A finalized itinerary will be sent about 2 week prior to the trip, and students are urged to share this with their families. This document will include emergency contacts in Nicaragua and instructions for how to reach us. A good rule of thumb for international travel is “no news is good news”. If you don’t hear from us, that probably means everything is fine. Our trip leaders carry a cell phone with international service, and the Fabretto volunteer coordinator has regular contact with the staff in their Managua office. We try to give everyone a chance to send an email home at some point during the trip. (Although, it really depends on where we are each day and whether we have internet access in those locations.)

If there is an emergency and someone at home needs to get in contact with someone from our group, the best place to call first is the Sheil Center. Teresa Corcoran, our business manager, knows where we are at all times, and she knows the best way to reach us each day. All details and other contact information will be included in the itinerary.

We require all students to register with International SOS through Northwestern University. International SOS is a travel assistance group that can assist us in the event of an emergency with everything from a lost passport, a medical emergency, or evacuation due to natural disaster. Northwestern pays for this service, and it is available to us free of charge.

Sheil carries International Health Insurance through Highway to Health Worldwide. It covers hospitalization in the event of an accident or injury. It includes a medical evacuation provision, in case someone needs to be transported back to the USA, as well as repatriation of remains in the event of death. We have never had to use this, but it gives us peace of mind if an accident does occur.

Finally, as a precaution, Fabretto strongly encourages us to register with the US Embassy in Nicaragua. The trip leader will register the entire group before we depart.
NICARAGUA FUNDRAISING OPTIONS

Raising money is easier than you think! Here are some things to keep in mind.

**Personal Contribution**
We ask you to consider how much you and/or your parents are able to contribute. We realize that some may be able to give more than others. Your personal contribution is just one financial source.

**Scholarships**
Through the generosity of some friends of Sheil, a fund has been established that offers financial grants to students who wish to participate in the International Service-Immersion Trips. Amounts are determined by need and the amount of money available in the fund. Grants for the 2016 trip will not exceed $600 per participant. We ask that students truly have a need for financial assistance in order to apply. This is based on the honor system. Let your conscience be your guide in asking for a financial grant.

**Fundraising**
Fundraising is an opportunity for you to talk about what you’re doing (and why) with others. It is an opportunity to invite others to share in our mission through their gift of financial support, prayers, or in-kind donations. Fundraising, especially as a group, contributes to our team-building efforts. Finally, asking others to support our cause helps to solidify within each of us the desire and commitment to service.

For the Nicaragua Trip, we invite each participant to directly ask for support from extended family, friends, classmates, and co-workers. A sample letter is included below. We also have a fundraising website where students can create a personalized fundraising page and donors can make contributions on-line. Students will have access to the online fundraising website once they are accepted for the trip. Other fundraising ideas are also welcome! We encourage you to work together and use your creativity.

The money you raise first makes up the balance of your trip. Any money raised above and beyond your individual trip expenses will go toward our group fundraising goal which supports our work projects and Fabretto’s programs in Cusmapa. We encourage everyone to set a fundraising goal for themselves.

**Other Fundraising Suggestions**
- Bake cookies and sell them at your dorm or at the Rock
- Ice-Cream Night at Cold Stone Creamery (call them for details!)
- Benefit Dinner
- Talent Show or Concert at a local Coffee Shop
- Coffee/Donut/Bagel Sale after Mass at Sheil
- Host a “movie night” in your room
- Ask your parents if their employer offers a “matching gift” program
SAMPLE SOLICITATION LETTER

Insert Date

Dear - - (insert name/greeting)

It may seem like Christmas is a long time away, but I’m already looking forward to Northwestern’s Winter Break! I will be spending the first part of winter break traveling with students from the Sheil Catholic Center to volunteer with *La Familia Padre Fabretto* in Cusmapa, Nicaragua.

The Fabretto organization enables impoverished Nicaraguan children and their families to break the cycle of poverty through programs that promote nutrition, health, education, and character development. Fabretto serves nearly 10,000 children in the remote areas of Nicaragua. Our volunteers will be working directly with the children in their after-school programs. To learn more, check out their website at: [www.fabretto.org](http://www.fabretto.org)

This trip is really important to me because .... <<SHARE YOUR PERSONAL REASONS FOR GOING >>

**How You Can Help**
The cost for the trip is $1800 per person. All of our volunteers are students, and many would not be able to make the trip without the help of our fundraising efforts. Your financial contribution is greatly appreciated! The money first goes to pay for our trip expenses. Any additional money will be given to La Familia Padre Fabretto to support their programs in Nicaragua.

Please make checks payable to “Sheil Catholic Center” and include my name in the memo line.

In preparation for our trip, our travelers regularly gather together as a faith community. We use our time together to educate one another about the people, culture, and economics of Nicaragua. We also spend time together in prayer – to share our hopes and fears, to welcome God on the journey with us, and ask God to bless the children of Nicaragua and their families. We invite you to pray with us as well.

Thank you for your support during this journey. Your prayers and financial contributions are greatly appreciated.

Sincerely,

<<YOUR NAME HERE>>
APPLICATION FORM
Sheil Catholic Center Service Trip to Nicaragua
December 10 – 18, 2016

Please complete the enclosed application, along with $300 deposit, and return to:
Tim Higgins, Sheil Catholic Center, 2110 Sheridan Road, Evanston IL 60201

Your application will not be reviewed unless the necessary forms are completely filled out and your deposit is received. Please check that you submit all of the following items:

☐ Completed and Signed Application Form
☐ Release of Claim and Emergency Authorization Forms
☐ $300 deposit – checks payable to “Sheil Catholic Center”
☐ A photocopy of your passport*

*If you do not have a current passport, a copy must be submitted prior to the trip.

APPLICATIONS WILL BE ACCEPTED BEGINNING: Monday April 18th through the FINAL DEADLINE: Thursday May 19th at 5:00 p.m.

Space is limited. Applications will be processed in the order in which they are received. We encourage all interested Northwestern students to apply. However, first consideration will be given to those who have not been on a previous service trip with the Sheil Catholic Center.

NAME: ___________________________________________________________________
(Please print your full name as it appears on your passport. This name will also be used on your plane ticket.)

ADDRESS: ______________________________________________________________________
________________________________________________________________________

CELL PHONE: ___________________________ DATE OF BIRTH: _________________

EMAIL: ______________________________________________________________________

PASSPORT: Please attach a photo copy of your passport to this application!

Country: ___________ Number: ______________________Exp. Date: _________

1. Year (circle one):
   Freshman  Sophomore  Junior  Senior  Grad.Student

2. Spanish Language (not a pre-requisite) - Circle one:
   None    Poor    Adequate    Fluent

   Describe your Spanish language experience: (4-yrs of high school Spanish, study abroad, etc.)
3. **Return Flight:** All flights will be booked round trip to/from Chicago O’Hare Airport, unless you indicate otherwise. Would you like to request a final destination other than Chicago? (Ie. Do you want to fly directly “home” or to another location?) Please check ONE of the following:

Return to Chicago: _____ Return elsewhere (list city): ______________________________

☐ By checking here, I understand that I am responsible for any additional costs if the airfare to my final destination is greater than round-trip airfare to/from Chicago O’Hare Airport.

**ADDITIONAL QUESTIONS:** Please provide a short response (1-2 paragraphs per questions) to the following questions. Please TYPE your responses on a separate page and attach to the application.

1. Why are you interested in an international service-immersion experience at this point in your life?
2. What is your understanding of mission?
3. What do you hope to learn from this experience?
4. What strengths do you bring to the group?
5. What other expectations do you have?

*M My signature below confirms that I have read the entire application packet, and I agree to the requirements set forth by the Sheil Catholic Center.*

_________________________________________  __________________________
Signature                                      Date
Please read this form carefully.

Agreement Regarding Liability:
I agree to assume any and all risk of bodily injury, death, or property damage arising out of, or caused by my presence and participation in this service trip.

I agree to waive and relinquish all claims that I may have against Sheil Catholic Center, the Archdiocese of Chicago, La Familia Padre Fabretto, Fabretto Children’s Foundation, Northwestern University, their officers, agents, servants, employees, drivers, and volunteers relating to Sheil Catholic Center.

I hereby fully release and discharge Sheil Catholic Center, the Archdiocese of Chicago, La Familia Padre Fabretto, Fabretto Children’s Foundation, Northwestern University, their officers, agents, servants, employees, drivers, and volunteers relating to Sheil Catholic Center from any and all claims from injuries, including death, damage or loss, that I, my heirs and/or legal representatives may have or which may accrue to me on account of my activities.

I further agree to indemnify and hold harmless and defend Sheil Catholic Center, the Archdiocese of Chicago, La Familia Padre Fabretto, Fabretto Children’s Foundation, Northwestern University, their officers, agents, servants, employees, drivers, and volunteers relating to Sheil Catholic Center from any and all claims resulting from injuries including death, damages and losses sustain by me, or sustained by others and caused by me, and arising out of, connected with, or in any way associated with my activities on their property. This Agreement also pertains to the individuals who help me.

Emergency Treatment Authorization & Insurance Information
I hereby authorize permission for the administration of first aid to myself by the people in charge of the program and those transporting me to and from the program as their judgment deems advisable, and to make the necessary referrals to qualified physicians for treatment of illness or accidents of a more serious nature.

I hereby authorize the treatment by a qualified and licensed doctor in the event of a medical emergency which, in the opinion of the attending physician, may endanger my life, cause disfigurement, physical impairment or undue discomfort if delayed. This authority is granted only after a reasonable effort has been made to reach the Emergency Contact listed on the opposite side of this form. I agree to provide medical insurance and pay all costs and expenses incurred in connection with such medical and dental services rendered to me.

Signature
I have carefully read and fully understand this Release of Claim and Emergency Authorization Form and I sign it of my own free will.

Participant’s Name (please print): ______________________________________________________

Participant’s Signature: ___________________________ Date: ___________________________
MEDICAL INFORMATION

Participant’s Name (please print): _______________________________________________________

School Address: _____________________________________________________________________

Phone Number: ______________________________________________________________________

Date of Birth: _______________________________________________________________________

**Emergency Contact Information:**

Name: ___________________________ Alternate Name: _____________________________

Phone Number: ___________________________ Phone Number: ___________________________

Email: ___________________________ Email Address: _____________________________

Name of Physician: ___________________________

Physician Phone Number: ___________________________

Health Insurance Company: ___________________________

Health Insurance Policy Number: ___________________________

Health Insurance Phone Number: ___________________________

Specific Medical Allergies: ___________________________

Dietary Restrictions: ___________________________

Chronic Illness or Conditions: ___________________________

Other: ___________________________

Participant’s Signature: ___________________________ Date: ___________________
## Medical Release Form for Volunteers & Visitors

<table>
<thead>
<tr>
<th>Volunteer’s Full Name</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Citizenship</td>
<td>Passport #</td>
</tr>
</tbody>
</table>

### Emergency Contact Information

<table>
<thead>
<tr>
<th>Emergency Contact (1)</th>
<th>Relationship</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Phone Number(s)</strong></td>
<td><strong>Home</strong></td>
</tr>
<tr>
<td></td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Emergency Contact (2)</th>
<th>Relationship</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Phone Number(s)</strong></td>
<td><strong>Home</strong></td>
</tr>
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<td></td>
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</tbody>
</table>

### Medical History

Have you ever, or do you currently have any of the following conditions? *Please Specify:*

- [ ] Asthma
- [ ] Exercise induced asthma
- [ ] Diabetes
- [ ] Seizure disorder
- [ ] Heart disease
- [ ] Kidney problems
- [ ] Liver problems
- [ ] Tuberculosis
- [ ] Migraine headaches
- [ ] Digestive problems
- [ ] Depression
- [ ] Hypoglycemia
- [ ] Panic attacks
- [ ] Physical disabilities
- [ ] Eating disorders
- [ ] Surgeries
- [ ] Hospitalizations
- [ ] Other
Check or list all allergies you have:

<table>
<thead>
<tr>
<th></th>
<th>Are you allergic to any medication?</th>
</tr>
</thead>
<tbody>
<tr>
<td>Bees</td>
<td>Sulfas</td>
</tr>
<tr>
<td>Dogs/cats</td>
<td>Penicillin</td>
</tr>
<tr>
<td>Hayfever/grasses/pollen</td>
<td>Other (specify)_______________________</td>
</tr>
<tr>
<td>Smoke</td>
<td>Do you currently smoke?</td>
</tr>
<tr>
<td>Other</td>
<td></td>
</tr>
</tbody>
</table>

Do you currently smoke?

Primary Care Physician

<table>
<thead>
<tr>
<th>Name:</th>
<th>Company Name:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Address:</td>
<td>Policy Number:</td>
</tr>
<tr>
<td>Phone:</td>
<td></td>
</tr>
<tr>
<td>Fax:</td>
<td></td>
</tr>
</tbody>
</table>

List any prescription medications you are currently taking, and the conditions for which the medication has been prescribed:

List any special directions to be followed in case of an emergency:

I have provided the information above in connection with my application to volunteer for, or visit, the Fabretto Children’s Foundation/Asociación Familia Padre Fabretto (CFC/AFPF) programs and projects in Nicaragua. In signing this form below, I authorize CFC/AFPF and any of their agents or employees to take any and all actions that they may deem necessary or appropriate, at my expense, in order to treat and respond to any accident, illness, injury or other medical emergency that I may experience during my volunteer participation. I understand that such treatment and response may include transporting me, at my expense, to a location appropriate for medical treatment. I understand that in the event of an accident, illness, injury or other medical emergency CFC/AFPF shall use its best efforts to promptly inform the person(s) I have listed on this form, but I agree that CFC/AFPF shall not have any liability for failure to notify such person(s).

I ___________________________________ , certify that I have personally completed this form. The information contained here is complete, and I have not withheld any medical or mental health information. If any aspect of my health profile changes between submitting this form and my departure, I will notify FCF/AFPF in writing. By signing this form, I release, acquit, discharge and covenant to hold harmless FCF/AFPF and its representatives from all actions, damages or liabilities arising from the treatment of any illness, injury, or medical emergency incurred by my volunteer participation. It is the intention of this release the CFC/AFPF and its representatives incur no liability whatsoever while attempting to meet all medical needs that I may require during my participation.

Volunteer Signature: __________________________  Date: ____________

Volunteer Si

Date: ____________